



Choice & Change

WE CAN TOGETHER

A six week group supporting people in “Choice and Change” around alcohol, drugs and life issues

This group is for people who have experienced or are experiencing problems with their own substance use.

**This group runs on Wednesday
from 10am to 12pm
Booking essential. Limited spaces
9622 7511**

**info@bridges.org.au
www.bridges.org.au**

**No Charge
Morning Tea provided
Where: Bridges: 119 Flushcombe Rd Blacktown
Facilitator : Paulene (Alcohol and other Drugs Family Counsellor)
For further information or to book contact 9622 7511**