

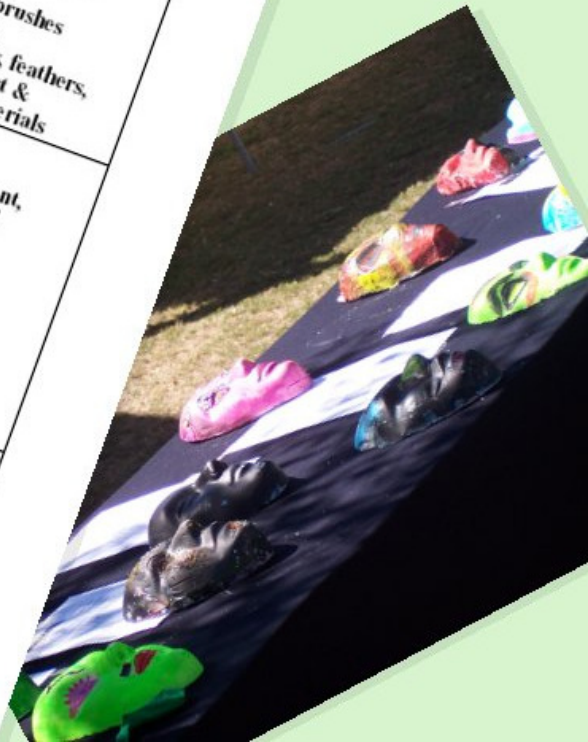


Mission-Australia Links to Learning provided positive feedback in relation to the use of the Bridges Framework for the development and implementation of their program. Mission Australia based their program around the Bridges Theme "There is more to drug use than drugs" and the resilience principle "meaning". Young people in their Links to Learning program came from four school campuses. The young people designed masks to depict how they feel normally as well as what happens for them when they have used alcohol and other drugs. This exercise supported them to discuss alcohol and other drug issues. Feedback was that the young people felt empowered in the process and their image of themselves was enhanced through their participation. They were excited and motivated to participate when they knew their masks were to be on show to the community at the Power of Community Event. They felt their ideas were important and valued.



**MAKING MASKS  
SESSION PLAN**  
Bridges Theme: 'There's more to drug issues than drugs'  
Bridges Principle of Resilience: 'Meaning'

SESSION	ACTIVITY	MATERIALS
1 (1 hour) Bridges Themes/ Principles of Resilience  **Under the influence of alcohol & other drugs you are masking who you really are.**	Students are briefed on the Bridges Themes / Principles of Resilience through a matching/scaffolding exercise. Students to actively discuss the meanings of themes / principles and how it relates to their lives. <u>Discussion Questions</u> > What is a mask? > How do people under the influence of alcohol and drugs behave, what kind of a mask do they wear? > What kind of mask do you wear? > Why do people mask who they really are? > Using blank, white masks students are to create a draft of a mask that expresses an emotion or persona of themselves (i.e. Fear, happiness, etc) > Creating a second mask that is the polar opposite of that mask. Contrast colours, face shape and images.	o Bridges Themes o Mind Map o Bridges Themes worksheet and work cards o Butcher paper
2 (3 hours) Creating a draft mask of polar personas	Students will create latex models of their face and make plaster versions of their actual face and decorate faces as an extension of their first draft. Students to write a description of the meaning of their masks, in a word document to attach in the presentation of masks during event During event, students will discuss with the public their masks and how the mask is an expression of what gives meaning in their life.	o Double class set of blank white masks o Paint o paintbrushes o Textas o Stickers, feathers, o Other art & recycled materials o Plaster o Latex o Art equipment, o recycled material o Computers o Cardboard
3 (4 hours) Creating masks for Celebrate the Power of Community	Students will discuss with the public their masks and how the mask is an expression of what gives meaning in their life. After attending event, students write about their experience in their journals. Evaluation of the event itself, their contribution, highlights, improvements etc.	o Journals, o Photo's from event o Pens
4 Evaluation		



MISSION AUSTRALIA MOUNT DRUITT LINKS TO LEARNING  
in collaboration with Blacktown Alcohol and other Drugs Family Services - Bridges